

Last updated: Monday 02.11.2020

## VOLUNTEERS | HELPLINES | HEALTH & PHARMACIES | SHOPS & DELIVERY SERVICES | UTILITIES | VOLUNTEERS AND EMERGENCY HELP

- Chelmsford Food Bank:  
Call 01245 205579, or 07512 574542 or look here for more info: <https://bit.ly/2WY2wMm>  
DONATE directly to Foodbank Warehouse Vicarage Hall, 450A Beehive Lane, CM2 8RN,  
Mondays, Wednesday and Friday morning 10:00am - 12:30pm.  
Times may vary so contact before you arrive.
- The Foodbank works using a voucher referral system.  
Vouchers issued from:  
Citizens Advice Foodbank Line: 01245 205579  
Meadgate Vicarage: 01245 690710  
Hamptons sports & leisure 01245 269 422  
St Pauls Church 01245 269026
- Community Agents Essex  
0300 303 9988 Mon-Fri 8am – 7pm  
Email: [livewell.linkwell@nhs.net](mailto:livewell.linkwell@nhs.net)
- Meadgate Church - have a list of volunteers in the area.  
Fresh Food Shop, Pick up Prescriptions, Phone Calls, Food Bank Vouchers, Emotional wellbeing support groups.  
CALL 01245 901612 or 07729183454  
[Comunity@meadgatechurch.org.uk](mailto:Comunity@meadgatechurch.org.uk) or  
[Vicar@meadgatechurch.org.uk](mailto:Vicar@meadgatechurch.org.uk)
- GBENA - have a list of volunteers to offer assistance to get prescriptions or groceries in Great Baddow please text or email Mary on 07720 622880 [mjcordeiro693@gmail.com](mailto:mjcordeiro693@gmail.com) or Nichola on 07525 132475 [nichola@gbena.org](mailto:nichola@gbena.org)
- Citizens Advice General Helpline number: 03444 111 444
- Compass - Domestic Abuse Help 24/7 0330 333 7 444
- Worried about a child? 0345 603 7627 Ask for the Children and Families Hub and state whether you're a member of the public or a professional.
- Great Baddow Parish Council - Clare 07955 787368
- CHES - works to ensure that people who find themselves homeless in Essex are supported in ways that enable them to move forward purposefully and in good health.  
01245 281104

## HEALTH AND PARMACIES

### DOCTOR SURGERIES

Anything Coronavirus related, seek help online first at <https://111.nhs.uk/covid-19/> only then call 111 if you cannot get help online. If you need a COVID test <https://self-referral.test-for->

[coronavirus.service.gov.uk...](https://coronavirus.service.gov.uk...)

Non Coronavirus issues; Primary care is still available and open please turn up to your appointment and scans unless told otherwise. You can call your surgery and if need be they will arrange for a telephone consultation with a doctor. Be patient when ringing as it does take a long time sometimes to get through but you will get through.

- Baddow Village surgery, 01245 473251 <https://baddovillagesurgery.co.uk/>
- Sutherland Lodge Surgery 01245 351351 <https://www.sutherlandlodgeurgery.co.uk>

### PHARMACIES

- Pillbox Pharmacy Meadgate Avenue, CM2 7LJ, 01245 356388  
Boots: 1 The Vineyards CM2 7QS, 01245 472862  
Mon-Fri 10am-4.30pm, Sat 10am-3.3pm, closed daily 1-2pm. Sun closed
- Shanty's Dispensing Chemist 62 Baddow Road, 01245 283160
- Day Lewis Pharmacy: 136 Gloucester Ave, 01245 258484  
PRESCRIPTION COLLECTIONS  
Over 70'S free or charge.
- Hapticabs Essex (24hrs) 01245 443443
- Will pickup: "click and collect" groceries, takeaways and prescriptions.  
Small delivery charge for under 70's.  
Healthcare/NHS workers 20% off all fares. Operates in Chelmsford, Witham, Maldon and South Woodham Ferrers.

### SHOPS & DELIVERY LOCAL POST OFFICE

- Martin's Newsagents - The Vineyards, CM2 7QS Open from 6am to 6.30pm Monday to Saturday, 7am to 1pm on Sundays. NEWS AGENTS and POST OFFICE OPEN
- The vines fruiterers - 3 The Vineyards, 01245 471999  
The Cabin, 39 Beehive Lane, 01245 474077
- Lathcoats Farm Shop - Beehive Lane CM2 8LX 01245 353021 or for home deliveries 07933181729 (Delivery Service for vulnerable people living in the Galleywood and Great Baddow areas, as well as people working for the NHS and Emergency Services.)  
<http://www.eapples.co.uk/delivery>
- Thurley Meats - 4 The Vineyards CM2 7QS, 01245 472843  
The Local Convenience Store (next door to the Parish Hall) Maldon Rd CM2 7DW, 01245 478214
- Co-op, 9C The Vineyards, CM2 7QS, 01245 472809
- Co-op, 62 Beehive Lane CM2 9RP, 01245 357761
- Co-op, (Petrol Station) 372 Baddow Road, CM2 9RA, 01245 493900
- Co-op, 164-170 Meadgate Ave, CM2 7LJ 01245 354759
- Tesco Express, 8 Purbeck Court, Dorset Ave
- Baddow News, 266 Baddow Rd, CM2 9QX 01245 352777 (Gallywood)

Last updated: Monday 02.11.2020

- Milbury Meats & Hams Ltd - <https://www.milburymeats.co.uk/> Meats, Cheese, Frozen Fish, Bakery, Do not deliver.
- Manor Farm shop - Opening Times: Seven days a week: Mon-Sat 9am - 4:30pm Sun 10am - 3pm 1245 474077 (opening hours only please)  
LOCAL FOOD DELIVERY SERVICES
- Haslocks Social Food Delivery Service - order online  
JM Swift Wholesale Fruit & Vegetables Deliver Fruit & Veg boxes  
<https://www.facebook.com/JMSwiftWholesaleFruitandVegetables/>
- Brownbread - Baked Goods, deliver to CM2
- Traymoor Ltd - Traymoor Meats deliver.
- S&MButchers <http://www.smbutchers.com>  
Knights
- Meats <http://www.knightmeats.com>
- Direct Foodstore - Delivers Meat and Veg ALL OVER ESSEX
- Palmers Fish Home Delivery Service - deliver to Chelmsford  
THURSDAYS
- WICKS FINE FOODS - Deliver Fresh Fruit, Veg and Eggs  
Buckingham Catering  
Supplies <https://www.buckinghamscateringsupplies.co.uk>  
Fresh Food Chelmsford  
Fruit and Veg 2 U Chelmsford delivers on Wednesdays  
Neptunes Table Bakery  
Chelmsford

## CLICK & COLLECT

- Our Local Butcher - Butchers only. Click & Collect available. Based in Ingatestone. [www.ourlocalbutcher.com](http://www.ourlocalbutcher.com)

Marriage's flour - Chelmer Mills, New Street, CM1 1PN, 01245 354455

## DO YOU NEED HELP?

Essex Coronavirus Action Support is your one-stop shop for support.

- Delivering food, supplies and prescriptions
- Looking after your pets
- Checking on people's welfare
- Phoning you for a chat

CALL 0300 303 9988

CHELMSFORD Helpline 01245 280 731

Monday to Friday, 8am-7pm

Saturday to Sunday, 10am-2pm

Email:

[provide.essexwelfareservice@nhs.net](mailto:provide.essexwelfareservice@nhs.net)

<https://essexwelfareservice.org>

## GAS & ELECTRIC SERVICES

British Gas – 0333 202 9802

EDF – 0333 200 5100

EON – 0345 052 000

N Power – 0800 073 3000

Scottish Power – 0800 027 0072

SSE – 0345 0262 658

Do let us know if you feel we have missed anything.

[Clerk@greatbaddowparishcouncil.gov.uk](mailto:Clerk@greatbaddowparishcouncil.gov.uk)